



THE COLLEGE OF
OPTOMETRISTS

Stage Two

Overarching case scenario 94

29 year old engineer, drives, hobbies, swimming, running, photography. Wears lenses for swimming.

Aftercare on soft lenses.

Monthly disposable soft lenses fitted 3 years ago; last aftercare 4 months ago. DV and NV good with spectacles and lenses.

Discomfort , redness and blurred vision in RE for last two days. No problems with handling.

Usually washes hands before lens insertion and removal; changes CLs about every month.

Uses Optifree solution, doesn't rub lenses, case 2 months old, washes case with boiled water from the kettle occasionally.

Wearing time was all waking hours until two days ago, now not wearing lenses due to discomfort.

Lenses are 3 weeks old and are not worn today

No ocular history

GH good, no meds. No allergies. Non smoker. Last eye exam 12/12 ago, specs updated then.

Spec Rx RE -1.75DS 6/12 N8
 LE -2.00/-0.25x160 6/5 N5

Contact lens specification:

Alcon Air Optix Aqua 8.60/14.20 RE -1.75
 LE -2.00

Vision not checked with lenses as not worn to appointment

Contact lens fit not checked for same reason

Slit lamp assessment with white light

RE see image below. LE appears normal.

RE Corneal appearance

